



*Triathlon Club*

# Annual General Meeting

23 November 2019

# AGM Agenda



## PART 1

### Chairman

- Welcome
- Apologies from Committee members
- Approval of minutes of last AGM
- Annual report to members on behalf of the committee

### Treasurer

- End-of-year accounts
- Reading Triathlon finances

## PART 2

### Chairman

- Proposal to restructure the Committee
- Ratification of amended Constitution

### Secretary

- Election of main Committee members for 2019-2020
- Volunteers for membership of sub-committees
- Any other business
- Close

# Committee Members 2018-2019



<b>Chairman</b>	Mike Nash
<b>Secretary</b>	Sally Waterman
<b>Treasurer</b>	Stuart Jay
<b>Communications Officer</b>	Nicky Rumsey*
<b>Lead Coach</b>	Sean Stewart
<b>Race Secretary</b>	Sunil Fernandes*
<b>Social Secretary</b>	Tasha Skidmore
<b>Welfare Officer</b>	Unity Speakman*



<b>Membership Secretary</b>	Simon Brimacombe*
<b>Kit Secretary</b>	Heather Phillips
<b>Team Captain</b>	Phil Wood
<b>Bike Officer</b>	Damien Ward/Simon Barbour
<b>Run Officer</b>	Edwina McDowall
<b>Swim Officer</b>	Susan Martin
<b>Publicity &amp; Marketing Officer</b>	Vanessa Elliott*

\* Not standing for re-election to this role

# Overview of the year



- *Membership has grown by 5% (4% in 2018)*
- *New website launched with members-only page*
- *Ran Reading Triathlon for a 3rd year – fewer entrants but profitable, great feedback*
- *£1,000 from Reading Triathlon profit donated to Katie's Legacy*
- *Coached swim sessions more popular, bringing in additional revenue*
- *Members supported GoTri and Katie's Legacy Triathlon as marshalls and helpers*
- *Opportunities for Club members to socialise at > 10 get togethers*

# Membership



## Number of members

	2017-2018	2018-2019
Total at 31-Oct	241	253
Increase		5%

## Age breakdown

Under 30	15%
30-39	19%
40-49	43%
50+	23%

## Gender split

Female	39%
Male	61%



*Simon Brimacombe  
Membership Secretary*

## Membership benefits include

- Coached swim sessions
- Coach led group run sessions
- Member led group rides
- Social events
- Winter running competition
- Club kit
- Discounts
  - Race entries
  - Retailers
  - Service providers

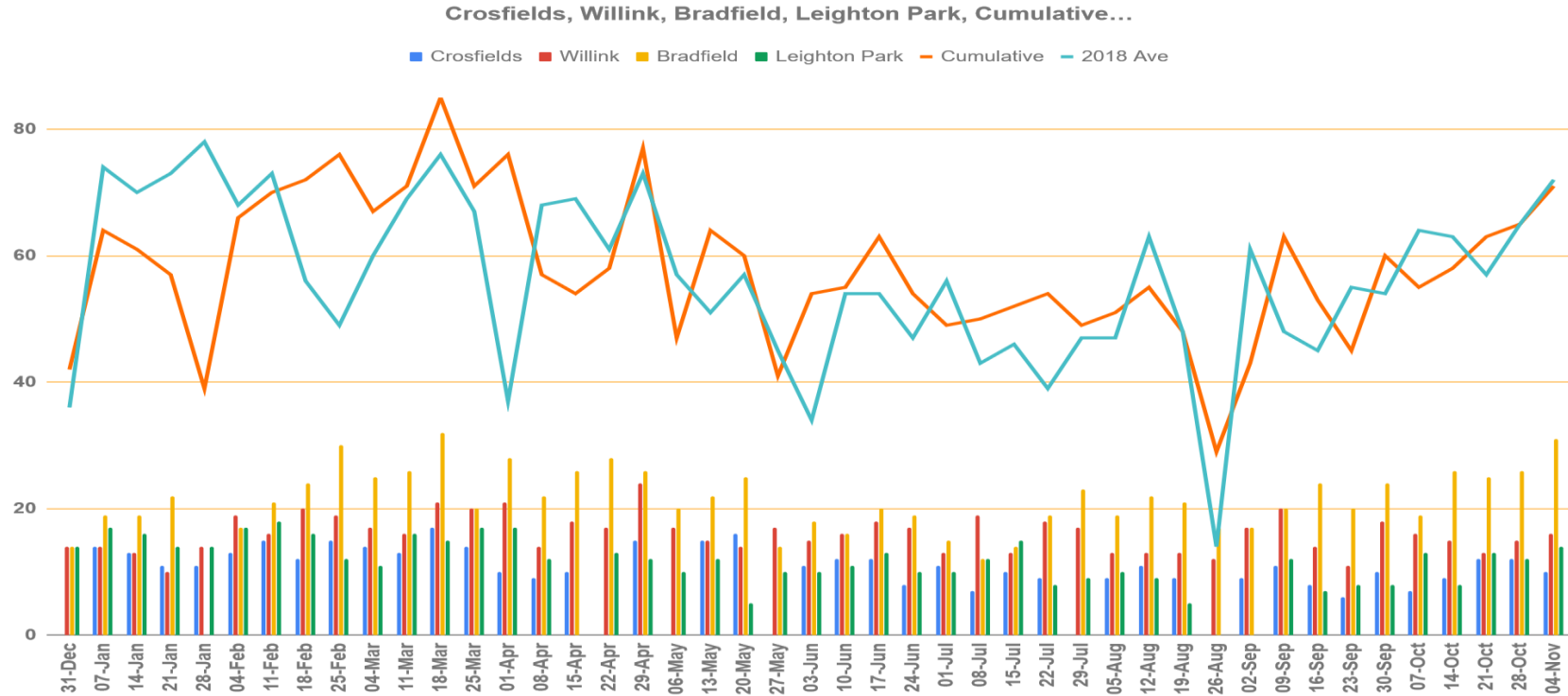
# Coached sessions



## No. swimmers attending coached sessions (2018 vs 2019)



Sean Stewart  
Head Coach



Jan-Nov	2018	2019
No. swimmers	2471	2543
Increase		3%

### Regular swim coaches:

Clive Alderson (Bradfield), Georgia Jackson (Leighton Park), Jennie Jones (Willink & Bradfield), Sean Stewart (Crosfields)

*Group run session held on Thursday evening & usually led by Sean Stewart*

# Winter running competition



- 82** - Tri2O members participated in at least 1 event
- 42** - TRi2O members ran Gut Buster, making it the most popular event
- 47** - Tri2O members participated in at least 1 parkrun
- 25** - Tri2O members took part in 4 or more events
- 21** - Took part in Woodley parkrun, making it the most popular parkrun
- 18** - Braved the freezing Newbury parkrun, making it the 2<sup>nd</sup> most popular parkrun event
- 15** - Average number of Tri2O members participating in the competition parkrun events
- 10** - Number of members who completed the prerequisite number of events
- 4** - Only 4 took part in the Goring 10k – this is not included for 2019-2020



*Sunil Fernandes  
Race Secretary*

# Communications Publicity & Marketing

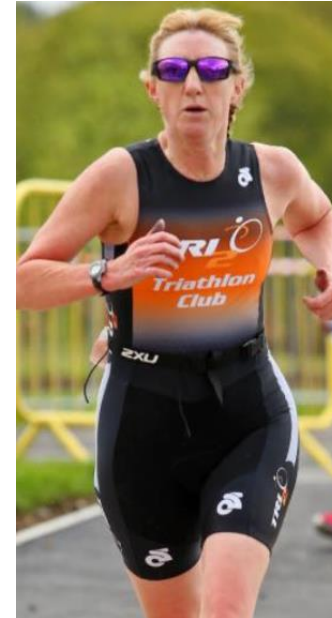


## Newsletter

- Welcome to new members
- Race reports
- Social events & training/educational sessions
- Featured providers

## Website

- New site launched
  - Information for potential new members
  - Reading Triathlon
- Members-only page: <https://www.tri2o.club/members-area/>



*Nicky Purple  
Communications Officer*

*Vanessa Elliott  
Publicity &  
Marketing Officer*



# Social events

## Jan

- 'Trot & Chat' along the Thames path

## Feb

- Get together for drinks & to try kit

## Mar

- Katie's bike ride
- Prospect parkrun takeover

## Apr

- TT & breakfast

## May

- Lake swim then brunch

## June

- Fish 'n Chip ride

## Aug

- Reading Tri recce

## Sep

- Get together for drinks
- BTS team relay fun event

## Oct

- Off-road cycling + coffee/cake

## Nov

- Annual awards dinner



*Tasha Skidmore  
Social Secretary*

# Reading Triathlon



A big thank you to everyone from the club who helped at any time across the year, not only marshalling at the race, but those that stayed to tidy up afterwards, set up on Saturday, helping with the pre race packs, the great gardeners around the lake track, those handing out flyers to help promote the event.... Everyone played a vital role.



# Club subsidised events



Five events organised in 2<sup>nd</sup> half 2019 – others planned for 2020

- Bike Maintenance and Bike Fit for Beginners and Intermediates at Pankhurst Cycles
- Yoga for Triathletes with Ben du Bernard looking at breathing, flexibility and stretching to help improve athletic performance
- Master your Mindset at Go Perform
- Preparing to Perform at Go Perform



Co-ordinated by  
Susan Martin  
Swim Officer

# Memorable achievements

**Alex Warner**

*Everest Marathon with a fractured ankle*



**THERE ARE MANY MORE....**



**Pete Gough & Guy Jackson**  
*Land's End to John o' Groats*



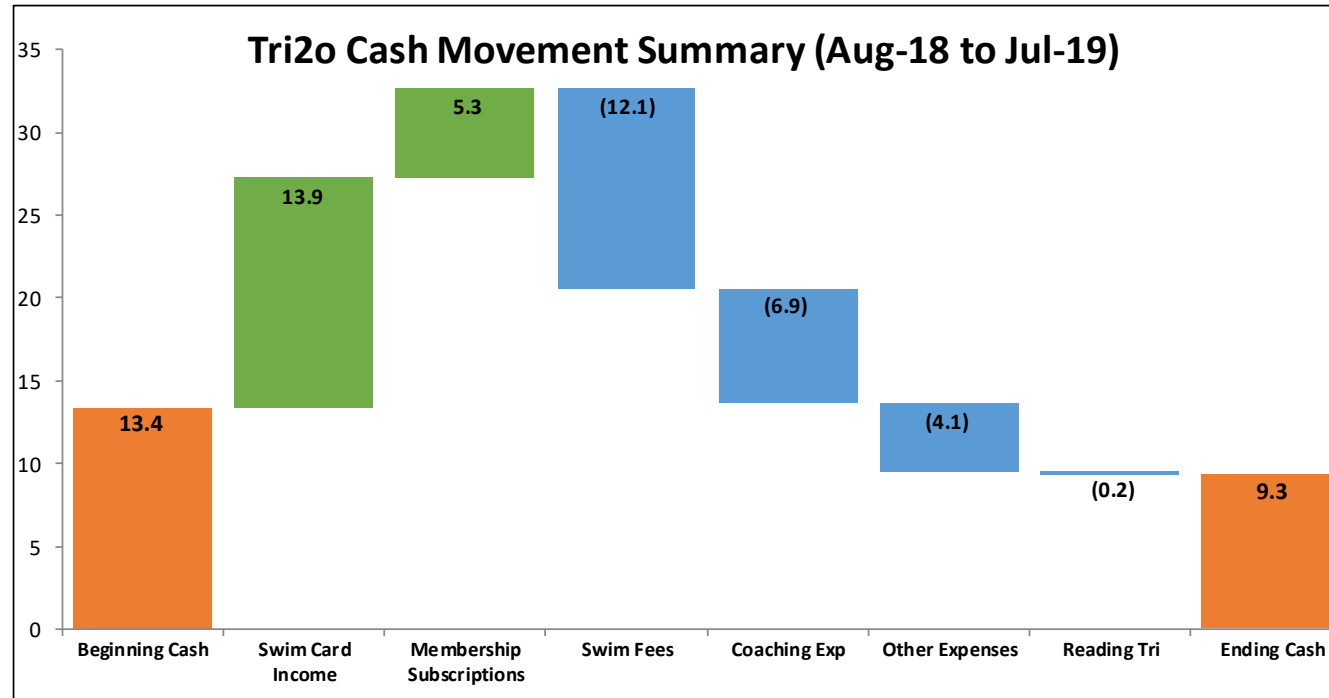
**Helen Almaraz Serrano**  
*6.5 km Bosphorus swim when she could have just relaxed until Antonio had finished!*

# Cash Summary to July 2018



## CASH SUMMARY

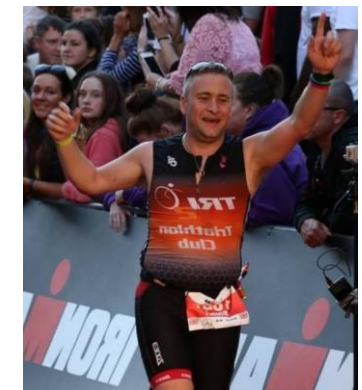
	FY18	FY19	vs
Beginning Balance	17,212	13,370	(3,842)
Swim Cards	13,374	13,895	521
Membership Subscriptions	4,411	5,342	931
<b>Total Income</b>	<b>17,785</b>	<b>19,237</b>	1,452
Swim Fees	(12,505)	(12,075)	430
Coaching Expenses	(7,940)	(6,933)	1,007
Other Expenses	(812)	(4,077)	(3,265)
<b>Total Expenses</b>	<b>(21,256)</b>	<b>(23,084)</b>	<b>(1,828)</b>
Tri Income	24,327	25,789	1,462
Tri Expenses	(24,697)	(25,967)	(1,270)
Net Triathlon Cash	(370)	(178)	192
<b>Net Cash Movement</b>	<b>(3,842)</b>	<b>(4,025)</b>	<b>(183)</b>
<b>Ending Balance</b>	<b>13,370</b>	<b>9,345</b>	<b>(4,025)</b>
<b>Significant Other Expenses</b>		<b>(3,055)</b>	
FY18 Corporation Tax		(498)	
Storage Expenses		(1,203)	
Swim Trainers		(274)	
FY19 Awards Deposit		(1,080)	



P&L Summary	FY18	FY19	vs Comments
Income	47,103	45,847	(1,256) Tri Income down Sep-17 event vs Sep-18 (£1k)
Expenses	(43,267)	(45,362)	(2,095) Storage Exp (£1.2k), Corp Tax (£0.5k), Swim Trainers & Tri Exp
<b>Profit/(Loss)</b>	<b>3,836</b>	<b>486</b>	<b>(3,350)</b>

- Financial Year August to July
- CASC status confirmed from August 2018 (Tax payable on FY18 profits)
- Reading Tri-19 Profit £6k, before donation to Katie's legacy

Stuart Jay  
Treasurer



# Reading Triathlon



## Participants

	2018	2019
Olympic distance	189	129
Sprint distance	204	170
Relay (sprint)	10	9
<b>TOTAL</b>	<b>430</b>	<b>308</b>



## Reading Triathlon Committee

- Georgia Jackson
- Pete Gough (chairman)
- Jamie Shillam

## Finances

	2018	2019
Income	27,796	21,757
Expenses	19,353	15,627
<b>Profit</b>	<b>8,443</b>	<b>6,130</b>
<b>Retained by Club</b>	<b>3,799</b>	<b>5,124</b>

- Entries down about 25% on last year - competition & pricing are considered key factors
- Expenses were down (£2,500) - mainly due to the hotel being shut and fewer entries
- ✓ Really positive feedback from competitors once again, with so many mentions of our fabulous marshals

❖ **£1000 donation to Katie's Legacy**

Note: 50% profit paid to MySporting Times in 2018

# Proposed committee restructuring



## Main objectives

- To more effectively deliver on the constitution of the Club
- Enable meetings to be more productive and focused on specific key areas
- Bring the current Reading Triathlon subcommittee into the Club structure
- Provide sufficient resources to the organisation of the Reading Triathlon
- To spread the workload and keep meeting times to a minimum

Main committee
Chair
Treasurer
Secretary
Communications Officer
Club Captain
Head Coach
Social Secretary

## Subcommittees

Coaching
Head Coach
Swim Officer
Cycle Officer
Run Officer
Activities Coordinator
Welfare Officer

Communications
Communications Officer
Membership Secretary
Webmaster
Social Media Officer
Kit Secretary

Reading Triathlon
Race Director
Reading Tri Team Coordinator
Reading Tri Team Coordinator
Reading Tri Marketing Coordinator

Please vote on the new Constitution by a show of hands

# Election of committee members & volunteers for subcommittee roles



Main committee roles	Nominated
Treasurer	Stuart Jay
Secretary	Sally Waterman
Communications Officer	Sunil Fernandes <sup>1</sup>
Club Captain	Phil Wood
Head Coach	Sean Stewart
Social Secretary	Tasha Skidmore

<sup>1</sup> Currently Race Secretary

**Please vote for those nominated by a show of hands**

Subcommittee roles	
Membership Secretary	VACANT
Webmaster	*NEW*
Social Media Officer	*NEW*
Kit Secretary	Heather Phillip
Reading Tri – Marketing Coord	*NEW*
Swim Officer	Susan Martin
Run Officer	Edwina McDowall
Cycle Officer	Simon Barbour
Welfare Officer	VACANT
Activities Coordinator	*NEW*

**Please raise your hand if you want to volunteer for one of these roles**



Thanks to committee members who are  
standing down